## PUT YOURSELF IN Swes

## Olivia's Story

When the Stay At Home order was issued at the beginning of the COVID 19 pandemic, it left many individuals and families without the support systems that they had come to rely on. Mason County Family Link had one such family that was severely impacted by this.

## Meet Olivia.

"I was seeing several community agencies for intensive services. When the shutdown occured, all supports were put on hold, except for Family Link. Becky, the Family Link Coordinator, stepped in and provided my family with the needed supports including coaching, mentoring, dropping off food and technology support while trying to navigate online learning. In addition, she helped me with setting goals, emotional regulation and securing stable benefits from various local agencies. I also applied for and took a job in our community, all on my own. My relationship with my family has also improved."

We're happy to report that as of today, Oliva has now kept her job for over 9 months. Before this, her longest term of employment was under 2 months. Her daughter is doing well in school, and relationships between the school and the family have improved significantly. And most importantly? Olivia was able to get her driver's license and a car.

She is now looking for ways to give back in the community.

